



Bonsall Woman's Club Roadrunner



FEBRUARY 2024 NEWSLETTER

Rosalia Zamora, Editor

BONSALL WOMAN'S CLUB GENERAL MEETING

THURSDAY, FEBRUARY 1, 2024

Pre-meeting social time: 9:30-10 a.m. Meeting begins at 10:00 a.m.

Bonsall Community Center

Located at 31505 Old River Road, Bonsall, CA

PROGRAM: "Latin Guitar Music by Jesus Leonardo Melecio"
Presentation of BWC Past Presidents & 44th Birthday Celebration

A light snack will be provided for your enjoyment as well as coffee and water.
BRING A FRIEND - WE WELCOME GUESTS AND NEW MEMBERS!



MARY JO PFAFF ♦ President's Message

Come join us as we welcome our past presidents in celebrating our 44th year as the BWC! February is the month when we honor one member with the "Big Heart" Award ... Who will she be???

The first fundraiser of 2024, the Silent Auction/White Elephant, brought in \$417.00. My President's Project, Senior Cares, earned \$160.00 to help a senior move her stored items. The Operation Smile Project, sponsored by the Palomar District clubs, received \$196.00 toward new beautiful smiles for kids around the world who were born with a cleft palate deformity. Thank you for your generous donations that benefit worthy causes both near and far.

In Friendship,
Mary Jo

*BWC is a member of
Palomar District Federation CFWC, the GFWC California Federation of Women's Clubs, and the General Federation of Women's Clubs.*



BEV YORK



MARY JANE POULTER

Co-1st Vice Presidents - Dean of Chairs

No more reminders about hour sheets and narratives – at least for a while!

As Mary Jane and I complete our work on the 2023 reports and statistics you turned in, we want to take this time to thank you all very, very much from our hearts for your cooperation and teamwork! The picture of BWC's activities and achievements for the past year is now complete. It was a very busy and productive year, and you can be very proud of everything we accomplished by working together.

On January 23, our narratives and the Statistical Form, representing all the projects, hours, and dollars spent and raised by our members, will be forwarded to Palomar District and, on February 3, forwarded to CFWC along with the paperwork of the other 10 District clubs.

Now, on to 2024!



DOMESTIC AND SEXUAL VIOLENCE AWARENESS AND PREVENTION - Bev York



AWARENESS

Human trafficking uses the blue awareness ribbon for its cause.

According to the International Labor Organization, nearly 21 million people are subjected to human trafficking, and 4.5 million of those are involved in sex work.

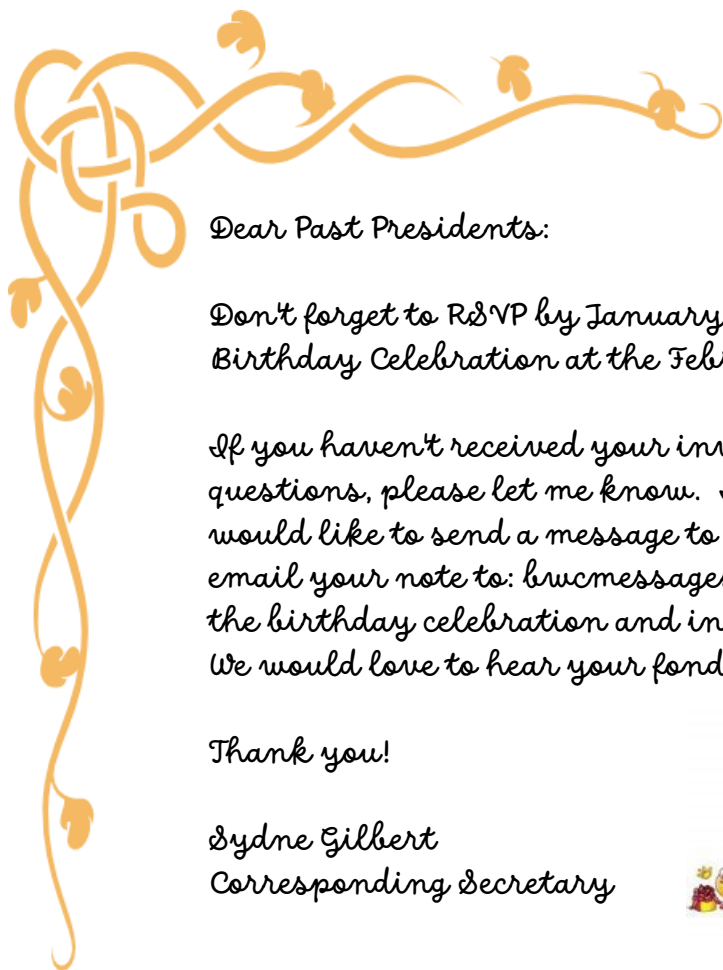
AwarenessGallery.com



Thank you for your support and the amazing collection of items for our Resource Center! The GFWC is awesome!

♥ Susan

ALABASTER
— JAR PROJECT —



Dear Past Presidents:

Don't forget to RSVP by January 27th for the special 44th annual Birthday Celebration at the February meeting!

If you haven't received your invitation in the mail or have any questions, please let me know. If you are unable to attend and would like to send a message to our members, please feel free to email your note to: bwcmessages@gmail.com. We'll share it at the birthday celebration and include it in our next Roadrunner. We would love to hear your fond memories of BWC!

Thank you!

Sydne Gilbert
Corresponding Secretary



DID YOU HEAR??

Bonsall Woman's Club is heading to VEGAS....

"VIVA LAS VEGAS" SPRING FUNDRAISER!!**

Polish your shoes.... Oil your hips Get ready for some fun!



Date: TBD (after the May 1 Art Show)

Other details will follow at our first committee meeting.

**EVERY FUNDRAISER TAKES A TEAM OF VOLUNTEERS.
WE NEED YOU!! MAKE NEW FRIENDS, HAVE FUN,
AND HELP MAKE THIS A SUCCESSFUL FUNDRAISER!**

Call for more info or sign up to be on the committee: Laurie Criscenti, (760) 213-3273

Ready.... Set.... ROLL!

*****Pending approval by the membership at the Feb. 1 meeting***



CINDY GIBSON FLOYD



CONNIE JORDAN

Co-2nd Vice Presidents - Membership



Two new members were introduced during the January meeting (please add these to your Yearbook):

Valerie Alvord
2426 Tres Lomas
Fallbrook, CA 92028
760-724-4142

Gail Greco
2367 Mirador
Vista, CA 92084
760-207-6610

February Birthdays

Jeaneane Henson	Feb 5
Sharon Robinson	Feb 10
Virginia Dilillo	Feb 16
Kay O'Hara	Feb 17



Co- Chairs/Membership Cindy Gibson Floyd (left) and Connie Jordan (right) introduce new members Valerie Alvord and Gail Greco.

Health Report

How contaminated are shopping carts? Surprisingly, more so than restrooms. The cart handles and front baskets harbor most of the germs. Think children with dirty diapers, handling of raw meat, and unwashed hands. Fortunately, the virus and bacteria count aren't enough to cause illness. To be cautious, experts suggest wiping down the handles and seats, and avoid touching your face while shopping. Definitely wash your hands after shopping to be safe.





MARLENE RANTANEN



MAURA BUTTON

Co-3rd Vice Presidents - Programs

~ February Program ~ “Jesus Leonardo Melecio” Latin Music Guitarist



“Ignite your soul with the mesmerizing sounds of Latin guitar and acoustic melodies with an added touch of passion” performed by Jesus Leonardo Melecio.

Come join us at our February meeting and enjoy this talented young man. His musical performance will help us celebrate BWC’s 44th birthday!



GINI BROOKS

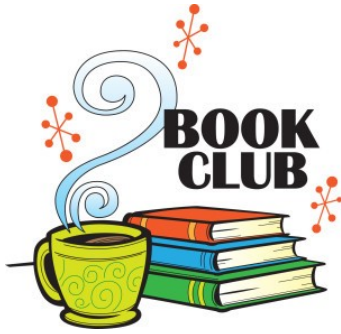
4th Vice President - Ways & Means

“Giving is not just about making a donation. It is about making a difference.” - Kathy Calvin

2024 Starts with Fundraising Success!

Our January general meeting was highlighted with our Silent Auction -- our first fundraiser of the calendar year. Our members brought new or “slightly used” items that were arranged on tables with bid sheets available. At the end of our meeting, the bids were tallied and paid for and \$417.00 was raised!


There were lots of smiles at the end of the meeting when our members took home their favorite items. Thank you to all members who participated.



The **BWC BOOK CLUB** meets at 10:00 a.m. on the 3rd Monday of every month except November and December. We welcome members who enjoy reading and discussing a variety of genres.

Chair Cheryl Zales can be reached at (760) 525-5078 or zalesrc@sbcglobal.net if you have questions or would like to be added to our membership. We'd LOVE for more ladies to join our spirited discussions!

<u>DATE</u>	<u>TITLE</u>	<u>AUTHOR</u>	<u>HOST</u>
Feb 19	The Guncle	Steven Rowley	Barbara Hartloff
Mar 18	Remarkably Bright Creatures	Shelley Van Pelt	Arlene Rutherford
Apr 15	The Seven Husbands of Evelyn Hugo	Taylor Jenkins Reid	Gini Brooks



COLLECTIBLES & MEMORABILIA GROUP

February, the month of LOVE! ❤️
Maura Button will host the group at her home on:
Tuesday, February 6, 2024 at 1:00 p.m.
2918 Via Del Robles, Fallbrook (760) 519-2838.

Maura has asked those attending to “bring something special that a loved one gave to you.” It might have been gifted from your parents, grandparents, boyfriend, girlfriend, or something that you gifted to yourself because you love and appreciate yourself.

Please let Maura know if you will be attending or Elaine Davis (760) 726-7472.



Support the Library - Kay Ewin

Please bring your old hardback and paperbacks to the next meeting, and I will deliver them to Friends of the Fallbrook Library.

Thanks!

Countdown to 2024 Art Show Are You Ready?



As promised, plans kick into high gear this month for “Stages of Inspiration - Beyond, Believe, Achieve: A BWC/BUSD Art Contest and Show.” Last month, students gave us a hint of their artistic talents by submitting entries into the Art Show poster contest. After Patty Merriam and Larissa Anderson, BWC Art Show Co-Chairs, reviewed dozens of entries and narrowed it to the top six, Larissa suggested allowing the students and BWC members to vote on their favorite. Whichever poster receives the most votes will be distributed to promote the May 1 Art Show, though “runners-up” will also be used for the program, display labels, and other promotional signs.

You don’t need to see the winning poster to start working on your creative entries. The categories will be the same as previous years: Crafts/3D, Fine Arts/2D, and Photography. There is no restriction as to WHEN the art could be created (in case you want to submit a favorite “treasure” from days gone by), but it should be a “first-timer” for a BWC art show.

The deadline for BWC members to submit art is at the general BWC meeting on April 4.

More details will be included on the Art Show poster, which will be available on our website, Facebook page, and sent out through email the week of January 22.

If you would like to be part of the Art Show planning committee or help with the Art Show preparation, please contact Patty Merriam (pattymerriam@gmail.com) or Larissa Anderson (BonsallLarissa@gmail.com).

NOTE: The Crafts Committee will take a brief hiatus for the next few weeks while Art Show planning is underway.

BWC/BUSD ART SHOW

**Stages of Inspiration 2024:
“Belong, Believe, Achieve”**

MAY 1, 2024

(Member entries are due on April 4, 2024.)

Get your camera, paint brushes, sketch pads, craft supplies out and go, go, go! Same categories as previous years: crafts, photography, fine arts. Entries are not restricted to when they were created; they just can’t be previously entered in a BWC Art Show. More details to follow! To join the Art Show committee, send suggestions, or questions: pattymerriam@gmail.com



**How well do you know that fellow member sitting next to you during a meeting, standing in line getting snacks, or winning your *Donation Diva* prize?!
Take a moment to be “RE-introduced” to**

LAURIE CRISCENTI

Laurie’s family moved to Fallbrook in 1959 to open a market (where Trupiano’s is). Her dad was the butcher, and her mom ran the store. She is the youngest of four sisters, all living in North County. She started her jewelry business in 1985 and had the longest retail store (A Stones Throw) on Main Avenue in Fallbrook until she decided to work less and have more time to give back to the community... hence, joining Bonsall Woman’s Club in 2016. She still works from home and enjoys her volunteer time.

She has been married to Robert for 12 years and have six children between them, as well as two grandsons in Michigan and a granddaughter in New York. They travel often to visit their out-of-town families. Their favorite travel destination is Hawaii; a trip is planned at the end of February to the North Shore of Oahu.

Something you might not know about Laurie She has a grand-dog named Luigi! He is an Italian Greyhound... and a pistol! Very high energy. He loves to go to Grandma’s house to chase lizards and get treats!



Laurie and Luigi are besties!



Grandma Laurie, Grandpa Robert, and granddaughter Raquel take a break during their visit on Long Island.



Laurie and Robert enjoying Hawaii.

Continued on page 9

DEBBIE HARRIS

A member of BWC since 2022, Debbie came into this world Wednesday, March 24, 1954 in San Mateo, California, in a typical 1950's family: mom stayed home and her two older siblings doted on her. Debbie's father loved real estate both professionally and personally, so they moved quite a bit during her childhood (attending 3 elementary schools, 2 junior high schools and one high school). Debbie said she didn't realize it at the time, but they were original "house flippers."

After high school, she left the San Francisco Bay Area behind and ventured south to San Diego to attend SDSU. She immediately fell in love with the sun, waves, and magnificent scenery. She graduated with a Bachelor of Arts in 1976 and was hopeful to find a teaching position. Unfortunately, there were few jobs available. After taking a flight to see her parents, Debbie was inspired and thought it might be fun to work for an airline. She promptly went down to the Pacific Southwest Airlines headquarters, PSA, with the intent of applying for a reservations position. They weren't hiring in that department, but they were hiring flight attendants. After five agonizing interviews, she was hired!

Debbie thoroughly enjoyed her days with PSA, but the desire to teach continued to pull at her, so after flying for five years, she quit to become an elementary school teacher. Debbie retired in 2016 after teaching for 34 years in the San Diego Unified School District. The students were so much fun to be around that Debbie can honestly say they taught her so much more than she ever taught them.

While she was still teaching, her school site underwent a much-needed renovation. The handsome construction superintendent caught Debbie's eye and she's happy to report Dave and Debbie have been married for 16 wonderful years. They especially love home projects -- Dave's a skilled carpenter by trade. Their current project is a secret room under their staircase. (It's actually just a storage closet, but secret room sounds more mysterious.) Between them, they have five amazing children and a one-year-old granddaughter.

Retirement has been incredible! Dave and Debbie both enjoy traveling and have been to Ireland and Italy. Debbie hopes a trip to Scotland is in the near future (after all, her maiden name is MacKenzie!). She's learning to play golf with a very forgiving group of ladies who are actually hoping to keep score this year. Short hikes, beach walks, gardening, cooking, crafts, and decorating have become favorite past times. The Bonsall Woman's Club has given Debbie a sense of belonging to this incredible community. Cheers to a wonderful 2024!



A very happy day for the new Mr. and Mrs. Harris in 2008!



If you flew PSA back in the late '70s, Debbie Harris may have been your flight attendant!



Corresponding Secretary

SYDNE GILBERT

It's that wonderful time of the year when we get to make donations to the community through the Charitable Donations Committee. Let me know if you are interested in serving on this important committee. We can take three to five members, and we are looking for members who haven't served on this committee in the past (although I already have a few volunteers)! If you are interested in serving on this committee or have any questions about what it takes, please let me know asap! The proposed committee members will be presented for membership approval at the next meeting.



In addition to scholarships, here's the list of last year's charitable donations:

Animals: Angels of Rawley, Chloe Sanctuary, Fallbrook Animal Sanctuary, Love Your Feral Felines, SPOT, Saving Pets One at a Time; **Community Arts:** Fallbrook Music Society, Rally for Children, Fallbrook School of the Arts; **Community Services:** Camp Pendleton YMCA, Daniel Ferguson Memorial Foundation, D'Vine Path, Friends of Fallbrook Library, Eagle Young Marines; **Education:** Bonsall Educational Foundation, Bonsall Unified School District; **Health:** Hope Clinic for Women, Next Step Service Dogs, Burn Institute "Camp Beyond Scars", REINS, Fallbrook Food Pantry, Canine Companions; **Senior Care:** Fallbrook Senior Center, Foundation for Senior Care; **Youth Sports:** Bonsall Fallbrook Little League, Fallbrook Youth Baseball, FAST – Fallbrook Associated Swim Team.

Some of these organizations may be dropped if we don't hear from you! We welcome you to recommend a 501(c)(3) organization operating in our general area to be considered for a donation. We as a club raise the money, so your thoughts and input as to who we should consider is very important. Please provide me with a charitable request donation form as soon as possible if you know of an organization that should be considered. A form is included in this newsletter on page 11 and available on the website. If you have any questions or would like to discuss this process, please don't hesitate to give me a call!

Please remember to support organizations that have received donations from BWC and those that support us!! Don't be shy about telling them you are with BWC!

CRITTER CAUSES

Thanks again for all the great donations to the shelters! Everything is very much appreciated!



BWC CHARITABLE DONATION REQUEST 2024

The money has been raised! It is now the time for BWC members to consider what local 501(c)(3) non-profits will receive a donation. The BWC Charitable Donation Request Application form is here for you to complete. It's fillable or you can print it out and complete it. The deadline for turning in the request forms will be at the February BWC General Meeting. Direct questions to Sydne Gilbert, Corresponding Secretary, at 760-519-0492 or via email: sydne.gilbert@gmail.com. If you are without computer capabilities or unable to attend a meeting, please contact Sydne for assistance.

BONSALL WOMAN'S CLUB CHARITY REQUEST APPLICATION

Date:	
Member's Name	
Name of Organization:	
Organization Contact Name	
Organization Address:	
Organization Email:	
Organization Phone:	
Organization's 501(c)(3) Tax I.D. Number:	
What percentage of the Organization's budget goes to administrative costs?	
Suggested Donation Amount:	

Briefly Explain How the Funds will be Used:

Rev. 1/2024

Photo Gallery

General Meeting January 4, 2024



BWC gets great publicity on the front page of the "D" section in the Village News.

Thank you to Collectibles & Memorabilia Group for sharing your holiday photos too!



Members celebrate sweet Mary Forbess' upcoming 99th birthday with singing and this sweet cake!



Helen Poddoubnyi is the lucky winner of the Donation Diva \$50 Visa Gift Card, presented by Sydne Gilbert.



Guests attending the January meeting are Neva Day, Ximena Wick, Ananda Ganino and Diana Smith.



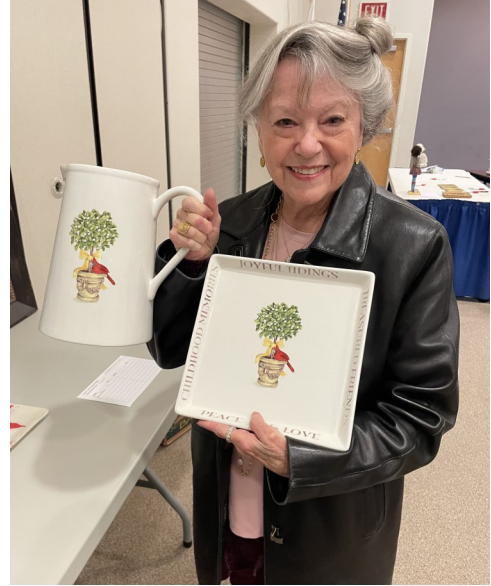
Jacky Nutter prepared candy treats for the table centerpieces.

SILENT AUCTION

Fundraiser January 4, 2024 Meeting



Maura Button, Co-Chair/Programs, helps to set up Silent Auction items at the January meeting along with Co-Chair Marlene Rantanen (not pictured).



June Stone won the bid on a beautiful antique set.

SILENT AUCTION ITEMS



BONSALL WOMAN'S CLUB
MINUTES of the JANUARY 4, 2024 GENERAL MEETING
BONSALL COMMUNITY CENTER

President Mary Jo Pfaff called the meeting to order at 10:05 a.m. She welcomed everyone. The members gave the Pledge of Allegiance and were led in singing a patriotic song by Helen Poddoubnyi. Jackie Nutter led members in reading the *Collect*.

Elaine Davis read a timely message about resolving to achieve our club goals in the new year through teamwork.

Hospitality, Larissa Anderson said there was a quorum – thirty-one members and four guests attending. Jackie Nutter provided the centerpieces, Louise Lane provided the treats, and Torrie Forbess provided the cake.

Guests: Cindy Gibson Floyd introduced four guests attending today.

Secretary Robin Kemper reported there were no corrections to the December 1, 2023 minutes. The minutes will be filed as posted.

President Mary Jo Pfaff thanked the members who came. She reported as follows:

- The President's Project – The Advocates for Senior Care are requesting funds for a senior client to move her belongings out of storage, which she can no longer afford.
- Maura Button has arranged a tour, lunch, and wine tasting at Monserate Winery scheduled for February 8th at 11:30 a.m. Tickets are \$35 per person, maximum 20 people. If interested, let Maura know and send a check to her.
- February's meeting will be a celebration of the club's birthday with past presidents and honoring the "Big Heart" winner.
- Also at the February meeting, Mary Jo will be taking nominations from the membership recommending members to serve on the Nomination Committee, which will select a slate of BWC officers for the next club year of 2024-25.

REPORTS:

1st Vice President Co-Membership Mary Jane Poulter and Bev York:

- Bev explained that committee chairs, such as audit, fundraisers, etc., are responsible for submitting reports to Mary Jane and Bev. These reports are important to document time recorded on the hours sheets and verify the club volunteer work done as required by the IRS.
- Operation Smile – The Palomar District President's Project is Operation Smile - a charitable organization that provides surgeries needed by children with cleft conditions.
-

2nd Vice President Co-Membership Cindy Gibson Floyd and Connie Jordan:

- We have 70 members. Two new members were introduced - Valerie Alvord and Gail Greco.
- Birthdays this month are: Alice Villeneuve, Phyliss Zenz, Patty Merriam, Elaine Davis, and Mary Forbess. The club celebrated Mary's 99th birthday with a cake, card, and singing.

3rd Vice President Co-Programs Maura Button and Marlene Rantanen:

- Today's program is the Silent Auction.
- February's program will be Latin music provided by guitarist Jesus Melecio.

4th Vice President Co-Ways and Means Gini Brooks and Nancy Curtis:

- Christmas Fundraiser – Gini related how beautiful the luncheon was and called up Judy Bresnahan to give a recap.
 - o Judy introduced the committee chairs, thanking them, and all those who helped, for their hard work. The fundraiser was successful in raising a net profit of \$15,640. There will be a wrap-up luncheon meeting with the committee to discuss feedback.
- Spring Fundraiser – Lauri Criscenti and Debbie Harris are co-chairs. The theme is "Viva Las Vegas!" to be held in April/early May, possibly at the Zion Lutheran Church conference center.

Treasurer Helen Poddoubnyi stated the total balance in all accounts on December 31, 2023 was \$49,373.60. Helen also reminded members about turning in green deposit sheets accounting for monies to be deposited and to keep a copy for reference.

Corresponding Secretary Sydne Gilbert:

- Incoming Mail – scholarship and donation requests are coming in. Sydne received a 'thank you' note from the Foundation for Senior Care, which she read to the club.
- New Community Programs:
 - o Friends of Fallbrook Library - website: <https://fallbrooklibraryfriends.org/>
 - o Fallbrook Regional Health - Website: <https://fallbrookhealth.org/>
- Outgoing mail included invitations to the Past Presidents for the February meeting and a get-well card was that sent to Geri Sides.
- Charitable Donations Committee – Sydne is looking for 3 – 5 members to serve. Any club member can recommend a 501(c)3 organization in our general area for consideration. Please contact Sydne for more information.
- Critter Causes – When bringing supplies to donate, please let Sydne know.

Book Club – Arlene Rutherford advised that the January book is Remarkably Bright Creatures by Shelby Van Pelt. She will be hosting the club at her home on Monday, January 15th at 10:00 am.

Collectibles and Memorabilia – Elaine Davis said that the January meeting will be held at her home on Tuesday, January 9th. The theme will be sharing a special toy or memories of a toy that you received in the past. Please let Elaine know if you would like to attend.

Crafts / Parliamentarian – Patty Merriam:

Craft Fundraisers (BCC Fall Festival and Holiday Luncheon):

- Patty thanked all those who participated in crafting activities. Over \$2,000 was raised.
- Art show (joint effort between BWC and BUSD) – The show is scheduled for May 1st. Entries from BWC are due by the April meeting date. Categories are photography / crafts / fine arts.

Parliamentary Matters:

- A committee is needed for the biannual review of Bylaws. If you have suggestions for possible changes, please let Patty know.

Safety – Debbie Harris:

- Safety Suggestion Box – members can submit safety ideas.
- Personal Defense Alarm – a small device that can be attached to a purse. It has an audible alarm as well as a flashing light. Prices from \$10 - \$40.
- Coyote Alert – When approached by a coyote ... don't approach them or turn your back / do yell and make yourself big, throw something at them, use a water gun or a noisemaker

Health – Maura Button talked about the benefits of two important physical activities to be done daily:

- Stretching – can improve various functions, including reducing mental fatigue or stress. Mary Jo Pfaff gave examples of stretching before arising in the morning.
- Balance exercises – balance sensors in our joints need to be activated to remain viable.

New Business – Ruthie Harris announced that the Bonsall Chamber of Commerce has started monthly 2nd Tuesday coffees, beginning January 9th; these are open to club members. The chamber's annual awards dinner is being held on February 10th at Rancho Monserate Club House.

Donation Diva: \$50 gift card was won by Helen Poddoubnyi.

Meeting Adjourned: 11:52 p.m.

Respectfully submitted - Robin Kemper, Secretary

*Thank you for reading ROADRUNNER
BONSALL WOMAN'S CLUB NEWSLETTER
P.O. BOX 545
BONSALL, CA 92003
<https://www.bonsallwomensclub.org/>
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